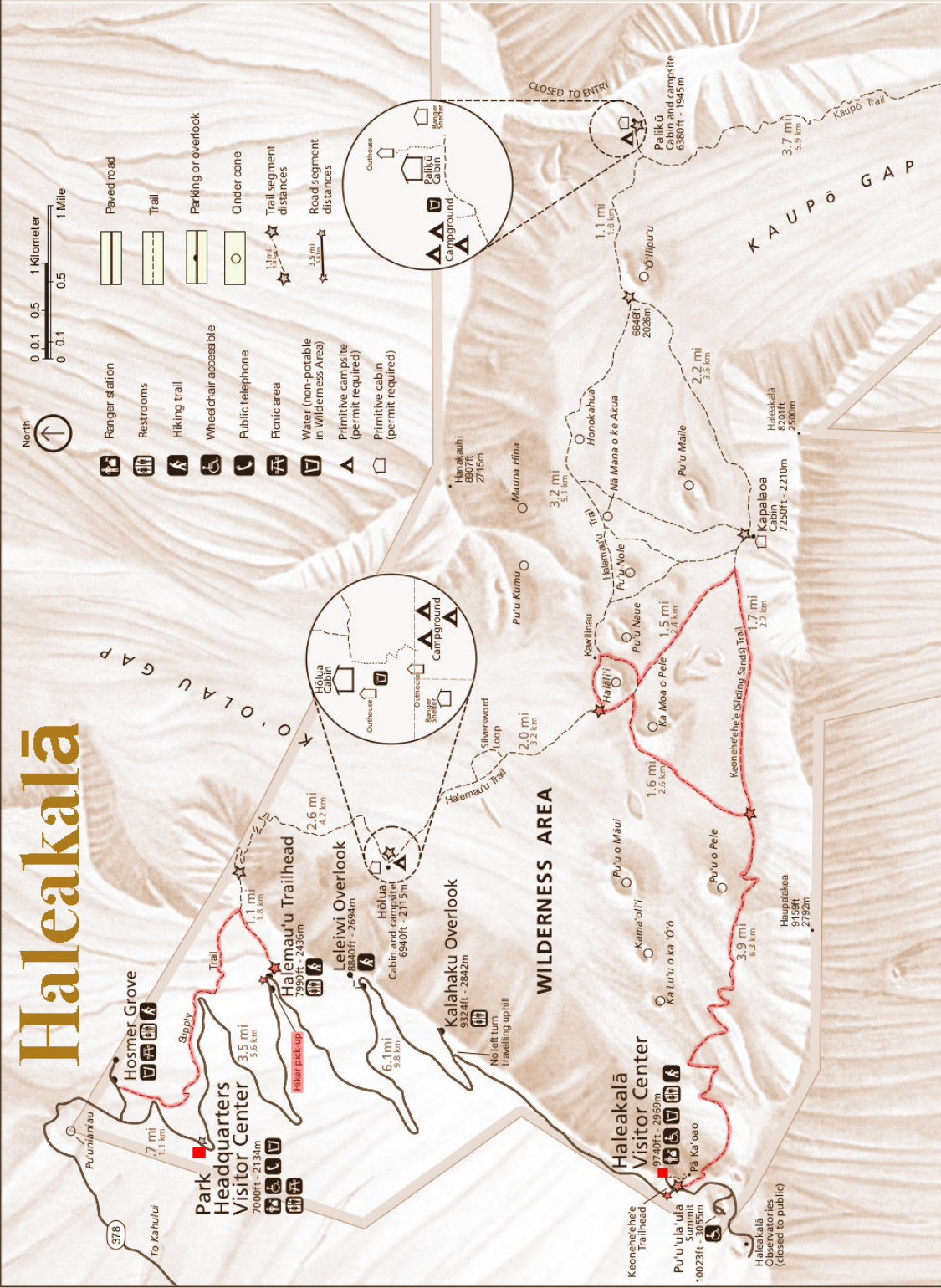


Haleakalā



Hiking Distances

Supply Trail to Halemau'u Trail 2.3 m / 3.7 km
(975 ft / 297 m elevation change)

Halemau'u Trailhead to - (one way)

- * valley rim: 1.1 miles / 1.8 km (400 ft / 123 m elevation change)
- * Hōlua: 3.7 miles / 5.9 km (1050 ft / 320 m elevation change)
- * Silversword Loop: 4.6 miles / 7.4 km (840 ft / 256 m elevation change)
- * Kapalaoa: 7.2 miles / 11.6 km (740 ft / 226 m elevation change)
- * Palikū: 10.3 miles / 16.6 km (1619 ft / 493 m elevation change)

Leleiwi Overlook: .15 mile / .24 km (one way)
(50 ft / 15 m elevation change)

Pā Ka'oao Trail: .2 mile / .32 km (one way)
(100 ft / 30 m elevation change)

Keonehe'e'e Trailhead to - (one way)

- * first overlook .25 mile / 0.4 km (50 ft / 15 m elevation change)
- * Kapalaoa Cabin: 5.6 miles / 9 km (2490 ft / 759 m elevation change)
- * Palikū: 9.2 miles / 14.8 km (3360 ft / 1024 m elevation change)

Palikū to - (one way)

- * Park Boundary in Kaupō Gap: 3.7 mi / 5.9 km (2500 ft / 762 m elevation change)
- * Route 31 in Kaupō: 8.6 miles / 13.8 km (6130 ft / 1868 m elevation change)